I am the light of the world.

*When Jesus spoke again to the people, he said, “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”* John 8:12

Who among us can claim that they were never afraid of the dark when they were younger? At age eight, I used to flip the light switch and springboard into my bed and blankets without touching the floor or opening my eyes so the monsters could not get me. Once I had turned on a light I would quickly scan the room to double check if any figures in the dark had moved into hiding. Darkness has never truly lost its frightening appeal to me over the years, but the type of darkness I fear now is different from the darkness I ran away from as a child.

This new darkness is a darkness that is absent of love and absent of life. It does not allow love to shine through. It does not allow me to accept love and is very lonely. When Christ speaks of light in John 8:12, he speaks of a light that is so special, so personal, and so bright that when followed you will never walk in darkness again. The hope and peace found in the light of Jesus speaks to not only my inner child, but to an adult who is still afraid of darkness.

Christ’s words are comforting and challenging. The challenge is to follow Jesus if you are to accept this new light. Jesus’ light will never die and will continue to shine forever.

**Life Question:** What is keeping you from fully following Jesus?

**Prayer:** Gracious God, I thank you for the Light of the World. Let Jesus’ light shine through me so that I no longer have to live in fear of darkness. Amen.

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