Week 2: Who Am I?  

Read Genesis 1:26-27.

We live in a world today in which we are surrounded by images. Images are everywhere: television, magazines, advertisements, social media, etc. The world is constantly telling us who we should or shouldn’t be. It is easy to get caught up in trying to have an image that meets the expectations of society. We want to have the right hair, wear the best clothes, own the latest gadgets, drive the best car, and the list goes on and on. All of these worldly expectations can add a lot of stress and anxiety to our lives. However, we can find peace in the word of God which tells us that we are created in his image.

To God, we are perfect just the way we are. He loves us and all of your imperfections. We are accepted, valued and treasured as children of God. God offers us love, grace and forgiveness each day. Isn’t that the image we all should be striving to mirror? God created us in his image so that we could be his hands and feet on this earth; extending love, grace and generosity to those around us. Be confident and be at peace with who you are because of who created you.

Life question: How can you find peace in your life knowing that you were made in God’s image?

Prayer: Dear God, thank you for your generosity in creating the world and me. Thank you for your love, grace and forgiveness. Help me to be mindful of your generosity as I strive to share your love with those around me. In Jesus’ name, amen.

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