“And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”

What does it mean to love God with all your heart, mind, soul, and strength? That is the question, is it not? The most common misconception that people have about love today is that it is an emotion. Love is not an emotion. Love is a commitment. Too many times people in the world today mistake love for something that makes them feel good. Jesus endured much pain, anguish, hurt, and betrayal when He sacrificed Himself on the cross for our sins. He did not do it because of His emotions. Jesus did it because He made a commitment to save and redeem His people. He died because He loved us.

As followers of Christ, we have made a commitment to loving the Lord our God with all our heart, soul, mind, and strength no matter the situation or circumstance. As you go about your day today and every day after, I challenge you to carry out your commitment to love Christ as Christ first loved you.

**Life Question:** What keeps you from loving God with all your heart, mind, soul, and strength? Are you willing to give it up or let it go in order to love God completely?

**Prayer:** Dear Almighty God, help me to love you unconditionally. Always remembering the sacrifice you made in order to save me from all of my wrong doings. Allow me to love and commit my life completely to you by honoring and glorifying your most precious name in all that I do. Amen.

_Trent Matthews, Community Engagement Coordinator, Campus Ministry_