“And when you pray, do not keep babbling on like pagans, for they think they will be heard because of their many words. Do not be like them for your Father knows what you need before you ask Him.”

As children of God, praying is an essential part of staying connected to God throughout all aspects of our lives. It is a way to communicate with Him and express various thoughts, feelings, hopes, and desires. Although, sometimes we get so wrapped up in telling God all of these things, that we forget He is omniscient. Believe it or not, He knows what we need and want before we even get on our knees at night to ask Him. He knows every desire of our hearts.

Now, I know what you are thinking, if God already knows what we are going to pray then why does the Bible say to “pray without ceasing?” It is your duty to stay in touch with God daily, but your prayer has little purpose if you are praying for things that God has already made a way for. If it is in His will for you to have what you pray for, then all that needs to be done is simply believe that He has already given it to you.

We may not know what the future holds, but we know who holds the future! I challenge you to talk to the Lord today and tell Him what you desire, whether it is an “A” in a class or for a friend who will understand you. Ask Him, do your part, and then let Him work, “for your Father knows what you need before you ask Him!”

**Life Question:** Am I praying in a way that shows I have faith in the works that the Lord is able to do in my life? How can I pray with power and purpose?

**Prayer:** Dear God, I know that you are already aware of the things that I desire. Help me to desire the things that are in your will for me and to believe that they have already come to pass. I pray in Jesus’ name, Amen.

*Jewell Yarborough, Class of 2016*