Matthew 6:9 says:  

“This then is how you should pray: ‘Our Father in heaven, hallowed be your name.’”

I have had the privilege of working at First Baptist Church in Smithfield, NC, for the past 4 years. The very first summer I worked with the youth, I had the opportunity to travel to Belize on my first foreign mission trip. Terrified, excited, extremely anxious, and overwhelmed are all great adjectives to describe my worries about leaving the country for the first time. One of the biggest hang-ups for me, thinking about the trip, was the method of transportation I would be using to get there—an airplane. I am terrified of flying.

In the weeks that led up to the trip, my anxiety began to grow and to overpower my joy in looking forward to the trip. One night I remember coming to God in prayer and taking the time to lay it out there and express my desperate need for Him to comfort me in a way only He could do. After that night I realized it wasn’t in my hands anymore. I had given all my worries and fears to someone who could handle them.

The Lord’s Prayer offers us an opportunity to come to God and to ask Him to reveal His presence to us in our time of need. The very first line says, “Our Father in Heaven, hallowed be your name.” Sometimes we need to remember exactly what hallowed means. It is to be set apart or holy, and it only begins to describe the great power that our Lord holds. As you are in this time of transition, remember the term “hallowed” and remember how God, the Holy of Holies, is watching out for you. Will you call on Him today?

Life Question: Are you giving God your respect and trust in coming to Him and remembering how very great His power is in helping you?

Prayer: God, help us to know that You are always there to comfort us and how great Your power really is. I pray in Jesus name, Amen.

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