I love the way the beginning of this scripture opens up: “Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.” The tone I put to these words when I read it is of someone who is in complete disbelief. The author is basically saying, how could anyone doubt God and His existence? To rephrase it in a more modern way, we would probably say, “Bro, where have you been?! How could you have missed this?!”

As I read through the rest of the passage, the key word for me is “hope.” Isaiah 40:31 is very clear, “those who hope in the Lord will renew their strength.” Oftentimes, it is easy for us to put our hope in world. Whether it be in our friends, family, or even ourselves, we hope that the people and possessions of this earth will provide answers when we have difficult questions and will give us strength when we are weak. When I’ve found myself doing just that, in the end, I never feel content with my answers nor given the strength that I need.

Throughout your life, there will be moments when it feels as if you have no strength remaining. We are never promised a life without difficulty. However, as Isaiah 40:28-31 so beautifully reminds us, when we put our hope in the Lord we will soar on wings like eagles, run and not grow weary, we will walk and not be faint. In an imperfect world, you can find hope in a perfect God, a God whose strength and love is unfailing. Put your hope in God and watch as you are fulfilled and given the strength you need.

**Life Question:** Do you too often rely on your own strength or on the strength of things in this world to bring your comfort and hope? How can you rely more fully in the hope God provides?

**Prayer:** God, my hope is in You. May I be filled with Your strength as I seek to live my life for You. Amen.

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