“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”

Do you ever feel like life is out to get you? That no matter how hard you pray or try to understand, there is only chaos? Then, just when you think the storm is over, everything that could go wrong does. Do you ever find yourself asking, “Why? What did I do to deserve this?” Perhaps you lost a loved one, are fighting an illness, feel alone, or have been badly hurt from a relationship. It is easy to lose faith when we feel as though God has turned His back on us.

A wise man once told me, “Not all that glitters is gold.” Sometimes we create elaborate plans and imagine how situations will play out. This can create disappointment when nothing goes as planned. Do you seek God’s input when you make plans, or are you trying to wade through the storm alone?

Don’t let the struggles of life get you down. Find comfort in knowing that God can empathize with your pain. He too has grieved, been humiliated, and felt abandoned. Faith in God includes faith in God’s timing. Find peace in God’s plan. He is the ultimate author of your life.

**Life Question:** Are you willing to place your trust in God and let Him help you?

**Prayer:** Lord, please help me rely on you. I know that you have my best interest at heart, and your plan for my life is perfect. Amen.

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