Campbell University Freshman Seminar (CUFS 100)

Course Overview
The Freshman Seminar (CUFS 100) is a one-credit hour, letter graded, course for students in their first semester at the University. The course will meet once a week, for a 50 minute period, for the first twelve weeks of the semester. The course is co-taught by a full-time faculty or staff member and an upper-class Peer Mentor.

Catalog Description
CUFS100 The Freshman Seminar is designed to facilitate students’ integration into the learning community of the university. The course enhances students’ skills for academic success, develops students’ understanding of university culture, fosters students’ meaningful educational engagement, and promotes behaviors important for academic success. The course encourages students to participate actively in the university and to reflect upon their experiences. Although not required, this course is strongly recommended for all incoming first-time freshmen.

Goals & Learning Outcomes
The goal of the Campbell University Freshman Seminar (CUFS100) is to assist incoming freshman students in developing behaviors and knowledge-based skills which allow them to be successful and make positive contributions to the university and wider community. The seminar is structured around two major goals and six learning outcomes. All course content, assignments, and activities will be designed with the intention of achieving one or more of the course outcomes.

Goal 1: Students will understand and apply behaviors important to collegiate success.

Learning Outcomes: Students will:
1.1 identify their motivations for success in college.
1.2 describe effective engagement with others in the university community.
1.3 demonstrate a knowledge of policies and practices of academic and community integrity.
1.4 employ effective behavioral strategies for learning.

Goal 2: Students will understand and apply knowledge-based skills important to collegiate success.

Learning Outcomes: Students will:
2.1 demonstrate improved written and oral communication.*
2.2 locate relevant information using technology and library resources.*

*Supports Campbell University’s General Education Competencies

Course Content
Topics and information that will be included in the course curriculum in an effort to achieve the learning outcomes include:
- student clubs and organizations
- leadership characteristics
- learning styles
- motivation
- oral and written communication
- technology and library resources
- time management
- evaluation of electronic and printed information

Additional Course Requirements
In an effort to achieve the goals and learning outcomes, the requirements listed below will be included in all sections of CUFS100.

Assignments: Assignments should require students to demonstrate evidence of achieving the learning outcomes for the course. This will be accomplished through a variety of assignments including reflective journals and formal writing assignments.

Service Learning: In support of learning outcome 1.2, describe effective engagement with others in the university community, students will engage in at least 4 hours of community service through an intentionally designed service learning experience.

Resources: All sections of CUFS 100 will utilize a common text. The Student Handbook will also be introduced and discussed in the seminar. Additional texts and readings may be included at the discretion of the instructor.